

POOL SWIM Schedule FALL 2017

Dates	Family	Adult Only	Adult Lap
Effective 8/28/2017	T 10:30am-Noon T & TH 6:00-8:00pm	M & W & F 10am-Noon M & W 7:00-8:30pm F 5:00-7:00pm	M & W 5:30-7:00pm

Family Swim: All ages welcome. Children must be able to touch bottom of pool in shallow end to swim alone.

Adult Swim: Must be 18 and older

Adult Lap: Must be 18 and older. Swimmers swim length of the pool and must follow the etiquette for lap swimming

Fees: Adults \$5 and Children \$3.00 per visit.
10 visit coupons and quarterly passes available at the Recreation Office

FLOORS AND DECKS ARE SLIPPERY-Walk with caution.
**UPON ENTERING POOL PLEASE READ RULES AND REPORT TO THE LIFEGUARD
 TO SIGN-IN AND PAY FEE.**

FOR YOUR SAFETY AND HEALTH PLEASE FOLLOW THESE RULES:

- *All patrons shall bathe with warm water and soap before entering the pool.
- *Any patron known or suspected of having a communicable disease, open sores or wounds shall not use the pool.
- *Spitting or blowing the nose in pool is prohibited.
- *Proper bathing suits must be worn- No cut-offs or T-shirts
- *Children in diapers must use a swim diaper and bathing suit.
- *No diving is permitted off the deck of the pool.
- *Use steps and ladders for getting in and out of the pool.
- *Jumping feet first is allowed between ladders in deep end only.
- *Long hair must be tied back or in a bathing cap.
- *Running, boisterous or rough play in the water, on the deck or in locker room is prohibited
- *Only Coast Guard approved flotation is allowed in the pool– An adult must be in the water with each child and children with flotation are restricted to the shallow end.
- *No food or glass containers allowed in pool area or locker rooms.
- *Do not leave valuables in the locker room. Any lock used must be removed daily.

**EMERGENCY PHONE in back of pool outside lifeguard closet. In case of an emergency
 Call 911
 Address any questions or concerns by calling the Plainfield Recreation Department
 at 564-1819**