

SUMMER IN THE PARK

FAMILY FITNESS EVENT

July 18th

July 25th

August 15th

6:00-7:15pm

8 Community Avenue, Plainfield

Next to the Town Hall



Join the Plainfield Recreation Department for three evenings of fun.

There will be:

- Dancing
- Yoga
- Obstacle courses
- Relay races
- Fun with scarves & big bands

Join Instructors
Lisa from Fitness Rocks &
Marie from Marie's
Fitness Studio

Activities are for all ages. Children must be with a participating adult. Come for an evening of FUN. Bring a water bottle and your sneakers

In case of rain events will be postponed.

Call the Recreation Department
cancellation line 860-564-1819 push "8"