



Fall Prevention Presentation

THURSDAY, NOVEMBER 9, 2017

9:30 a.m. – 11:00 a.m.

Plainfield Senior Center

FREE and open to the community.

Presentation includes:

- Top 7 fall risk factors
- List of *YOUR* fall risk factors
- Recommendations to decrease your fall risk
- Raffle prize

Participants must be willing to give information on fall history within previous 6 months and participate in a follow-up phone survey May, 2017.

NO REGISTRATION REQUIRED.

For more information, please call

Plainfield Senior Center

(860) 564-1819

This event was made possible through a grant from the Connecticut Collaboration for Fall Prevention and is brought to the community of NECT by Day Kimball Healthcare at HomeCare.



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■ daykimball.org/athome