

# SUMMER POOL SWIM Schedule

<b>Dates</b>	<b>Family</b>	<b>Adult Only</b>	<b>Adult Lap</b>
<b>Effective 7/2/18</b>	M & W 1-3:30pm & TH 6:00-8:00pm	T M & W & F 10am-Noon *T & TH 10:30-12 M & W 7:00-8:30pm F 5:00-8:00pm	M & W 5:30-7:00pm

\*T & TH 10:30 -12 Adult Swim will occur during swim classes. Please be respectful of their space.

**Family Swim:** All ages welcome. Children must be able to touch bottom of pool in shallow end to swim alone.

**Adult Swim:** Must be 18 and older

**Adult Lap:** Must be 18 and older. Swimmers swim length of the pool and must follow the etiquette for lap swimming

**Fees: Adults \$5 and Children \$3.00 per visit.  
10 visit coupons and quarterly passes available at the Recreation Office**

**FLOORS AND DECKS ARE SLIPPERY-Walk with caution.  
UPON ENTERING POOL PLEASE READ RULES AND REPORT TO THE LIFEGUARD  
TO SIGN-IN AND PAY FEE.**

**FOR YOUR SAFETY AND HEALTH PLEASE FOLLOW THESE RULES:**

- \*All patrons shall bathe with warm water and soap before entering the pool.
- \*Any patron known or suspected of having a communicable disease, open sores or wounds shall not use the pool.
- \*Spitting or blowing the nose in pool is prohibited.
- \*Proper bathing suits must be worn- No cut-offs or T-shirts
- \*Children in diapers must use a swim diaper and bathing suit.
- \*No diving is permitted off the deck of the pool.
- \*Use steps and ladders for getting in and out of the pool.
- \*Jumping feet first is allowed between ladders in deep end only.
- \*Long hair must be tied back or in a bathing cap.
- \*Running, boisterous or rough play in the water, on the deck or in locker room is prohibited
- \*Only Coast Guard approved flotation is allowed in the pool- An adult must be in the water with each child and children with flotation are restricted to the shallow end.
- \*No food or glass containers allowed in pool area or locker rooms.
- \*Do not leave valuables in the locker room. Any lock used must be removed daily.

**EMERGENCY PHONE in back of pool outside lifeguard closet. In case of an emergency  
Call 911**

**Address any questions or concerns by calling the Plainfield Recreation Department  
at 564-1819**